



# CENTRAL IOWA WIND ENSEMBLE

*Symphonic Band Excellence*

PRESENTS

# MYTHS & LEGENDS

SUNDAY, MARCH 5, 2023  
3:00 PM

CHRISTIAN CARICHNER,  
CONDUCTOR



FRANKLIN HALL  
4801 FRANKLIN AVE  
DES MOINES, IA

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# CONCERT PROGRAM

*Fanfare for Athena*

Tyler Grant

Symphony No. 1, "The Lord of the Rings"

Johan de Meij

I. Gandalf (The Wizard)

*Vesuvius*

Frank Ticheli

*Le merle blanc*, Op. 161

Eugène Damaré

arr. Geert Flik

Sara Danielson, *piccolo*

*Of Sailors and Whales*

W. Francis McBeth

I. Ishmael

II. Queequeg

IV. Ahab

V. The White Whale

*This Cruel Moon*

John Mackey

*The Pines of Rome*

Ottorino Respighi

IV. Pines of the Appian Way

arr. Antonio d'Elia

## MUSICIANS

### Piccolo/Flute

Sara Danielson

### Flute

Elysia Crecelius

Elly Hartbecke

Sarah Howell

Joni Kinnan

Rose Kundel

### Oboe

Colleen Schulze

Tina Yin Sowatzke

### Clarinet

Brooke Carter

Lauren Cassaidy

Nick Gardner

Kristi Heinberg

Veronica Jarvis

Amy LaCroix

Gayle Lundak

Julie Murphy

Bryce Sederburg

Carrie Siepel

### Bass Clarinet

Laura Appenzeller

### Bass/Contrabass Clarinet

Anthony Pappas

### Bassoon

Janet Benest

Emily Castelline

### Alto Saxophone

Christopher Brandt

Samantha Gardner

### Tenor Saxophone

Jacob Lemons

### Baritone Saxophone

Thomas Sparks

### Trumpet

Brian Burke

Steve Day

Hans Decker

Dan Giesinger

Lynn Lange

Eric Layden

Sarah McEntee

Steve Newman

Andrew Sowatzke

PJ VanDerWeide

### Horn

Greg Barton

Kristy Carter-Mauss

Cristina Deeds

Heather Hoffman-Richeson

Spencer Marsh

### Trombone

Rick Eichner

James Deeds

Derrick Hawks

Fred Lange

Ryan Rowley

Colton Sleister

### Euphonium

Sara Reichart

Justin Wells

### Tuba

Brian Kinnan

Chad Thompson

### Percussion

Collin Bell

Josh Grant

Jaxson Mrzena

David Naylor

Michael Ramirez

Amanda Thomas

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# CENTRAL IOWA WIND ENSEMBLE

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*Symphonic Band Excellence*



The Central Iowa Wind Ensemble is an adult symphonic band with musicians drawn from the greater Des Moines area. The ensemble was founded in 2002 by a group of central Iowa music educators under the leadership of Dr. Evan Feldman, who led the group until 2005. To this day, the ensemble maintains a strong contingent of educators, but membership has expanded to include musicians from a wide variety of musical backgrounds and occupations. It annually performs a series of four concerts plus special events. CIWE has expanded its audiences to reach underserved constituencies by partnering with various local human services agencies. The CIWE also sponsors competition for high school students that awards the winner an honorarium. The Central Iowa Wind Ensemble is a 501(c)(3) not-for-profit organization registered as a corporation in the State of Iowa.

**MISSION:** To build lifelong engagement in the arts by providing meaningful and challenging concert band experiences.

**VISION:** The Central Iowa Wind Ensemble will be the Midwest's premier wind ensemble performing conscientious programming to appreciative, loyal, and diverse audiences.

**VALUES:** We believe in the power of music to positively impact people. We believe our performances should be accessible to everyone.

## CHRISTIAN CARICHNER - CONDUCTOR



Christian Carichner serves as the Associate Director of Bands and Director of the Cyclone Marching Band at Iowa State University. He oversees all aspects of the Athletic Band program including the 350-member Iowa State University Cyclone Football 'Varsity' Marching Band, Men's and Women's Basketball bands, Volleyball Band, Wrestling Band and State Storm. In addition to his athletic band duties, Christian also teaches the Marching Band Methods course and instructs the applied Tuba and Euphonium studios.

Previously, Christian served as Assistant Director of Bands at ISU in addition to instruction of the low brass studios, teaching low brass methods, and directing both the Concert and Campus bands.

While serving as director of the Cyclone Marching Band, the band was awarded the prestigious Sudler Trophy – the highest honor bestowed upon a collegiate marching band in the United States.

Christian attended Ithaca College where he earned degrees in music education and performance while studying tuba with Dave Unland and brass pedagogy with Alex Shuhan, as well as conducting studies with Stephen Peterson, Jeffery Grogan and Janet Galvan. After Ithaca, Christian earned a Master of Music degree in Tuba Performance from Arizona State University where he studied with acclaimed Tubist and pedagogue Sam Pilafian. Christian also studied tuba with Patrick Sheridan, Charles Villarrubia and Matt Good.

Christian has performed or taught in 47 states and 12 different countries across the globe. Recently, he was a clinician/presenter at The Midwest Clinic, the CBDNA Athletic Band Symposium and a performer/clinician at the International Tuba Euphonium Conference.

Christian has also performed with the Arizona Musicfest Orchestra, the Tampa Tradewinds, the Orchestra of the Southern Finger Lakes, Conway Symphony, Pinnacle Brass, Rhythm and Brass, Proteus 7, Salt River Brass and has performed with the national tour of the hit Broadway musical Chicago.

Christian served for many years as Brass Caption Head for the Phantom Regiment and The Academy Drum and Bugle Corps, as well as a lead brass instructor for the Aimachi Marching Band from Nagoya, Japan. Currently, he is in demand as a guest clinician, judge and show designer/arranger.

Christian is a member of CBDNA, Pi Kappa Lambda, Phi Kappa Phi and the International Tuba Euphonium Association. He is an honorary member of both Kappa Kappa Psi and Tau Beta Sigma. Christian is also the first marching brass artist for Pearl/Adams where he consults on the design of their marching brass instruments and is also an Adams Custom Brass artist.

### **SARA DANIELSON - PICCOLO SOLOIST**



Sara Danielson is a music educator and flutist in the Des Moines area. Originally from Cedar Rapids, she studied with Angeleita Floyd and Joanne Chadima. Sara has been a member of the Cedar Rapids Municipal Band since 2001 and has held the permanent piccolo position since 2016; she has been the piccolo player for the Central Iowa Wind Ensemble since 2007.

### **JOHN BURNETT-LARKINS - ANNOUNCER**



John Burnett-Larkins serves as the Communications Specialist for the Department of Chemical and Biological Engineering at Iowa State University. In addition, he works with both the music and athletics departments to help bring excitement to the pre-game and halftime shows at ISU football games as the announcer of the Iowa State University Cyclone Football Marching Band; and to Iowa State volleyball, gymnastics and softball competitions as the PA announcer for those sports.

## PROGRAM NOTES

### *Fanfare for Athena* (2021)

- Tyler Grant (b. 1995)

*Fanfare for Athena* was commissioned by Chris Shumick and the Milton High School Wind Ensemble (Ga.).

In writing a piece for the opening of their performance at the 2020 George Music Educators Conference in Athens, it was decided early on that the piece would reflect the Greek goddess Athena and the statue that stands in her image outside of the Classics Center. In researching Athena, I found the contrasts of her qualities to be rather intriguing -- a goddess of war and courage, and yet also a goddess of wisdom and inspiration. War and courage manifest themselves at the beginning of the work in bold and declarative statements. The middle of the work uses similar melodic material from the beginning, but woven in contemporary flourishes from the woodwinds to portray her wisdom and courage. The two styles weave themselves together as the piece concludes to create a more holistic image of this goddess and all she represents in Greek mythology.

- Program Note by composer

### Symphony No. 1, "The Lord of the Rings" (1987)

- Johan de Meij (b. 1953)

Johan de Meij's first symphony *The Lord of the Rings* is based on the trilogy of that name by J.R.R. Tolkien. This book has fascinated many millions of readers since its publication in 1955. The symphony consists of five separate movements, each illustrating a personage or an important episode from the book. The movements are:

- I. GANDALF (The Wizard)
- II. LOTHLORIEN (The Elvenwood)
- III. GOLLUM (Sméagol)
- IV. JOURNEY IN THE DARK
  - a. The Mines of Moria
  - b. The Bridge of Khazad-Dûm
- V. HOBBITS

The symphony was written in the period between March 1984 and December 1987, and had its première in Brussels on 15th March 1988, performed by the Groot Harmonieorkest van de Gidsen under the baton of Norbert Nozy. In 1989, The symphony *The Lord of the Rings* was awarded a first prize in the Sudler International Wind Band Composition Competition in Chicago, and a year later, the symphony was awarded by the Dutch Composers Fund. In 2001, the orchestral version was premiered by the Rotterdam Philharmonic Orchestra and recorded by the London Symphony Orchestra.

Although it is not simple to summarize such an extensive and complex work, the main outline is as follows: the central theme is the Ring, made by primaeval forces that decide the safety or destruction of the world. For years it was the possession of the creature Gollum, but when the ring falls into the hands of the Hobbits the evil forces awake, and the struggle for the ring commences. There is but one solution to save the World from disaster: the ring must be destroyed by the fire in which it was forged: Mount Doom in the heart of Mordor, the country of the evil Lord Sauron.

It is the Hobbit Frodo who is assigned to carry out this task, and to assist him a company, the Fellowship of the Ring, is formed under the leadership of Gandalf, the wizard, which includes the Hobbits Sam, Peregrin and Merin, the Dwarf Gimli, the Elf Legolas, Boromir and Aragorn, the later King. The companions are secretly followed by Gollum, who does not shun any means, however perfidious, to recover his priceless ring. However, the companions soon fall apart and , after many pernicious adventures and a surprising dénouement, Frodo and Sam can at last return to their familiar home, The Shire.

Explanation of the first movement:

I.GANDALF (The Wizard) The first movement is a musical portrait of the wizard Gandalf, one of the principal characters of the trilogy. His wise and noble personality is expressed by a stately motif which is used in a different form in movements IV and V. The sudden opening of the Allegro vivace is indicative of the unpredictability of the grey wizard, followed by a wild ride on his beautiful horse, Shadowfax.



## ***Vesuvius* (1999)**

- Frank Ticheli (b. 1958)

Mt. Vesuvius, the volcano that destroyed Pompeii in A.D. 79, is an icon of power and energy in this work. Originally I had in mind a wild and passionate dance such as might have been performed at an ancient Roman bacchanalia. During the compositional process, I began to envision something more explosive and fiery. With its driving rhythms, exotic modes, and quotations from the Dies Irae from the medieval Requiem Mass, it became evident that the bacchanalia I was writing could represent a dance from the final days of the doomed city of Pompeii.

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Program Note by composer

## ***Le merle blanc*, Op. 161 (1890)**

- Eugène Damaré (1840-1919)
- arr. Geert Flik

This polka for solo piccolo and wind band is a standard part of the piccolo concerto repertoire and we're thrilled to feature our outstanding piccolo member, Sara Danielson, on this incredibly challenging work!

## ***Of Sailors and Whales* (1989)**

- W. Francis McBeth (1933-2012)

*Of Sailors and Whales* (Five Scenes from Melville) is a five-movement work based on scenes from Herman Melville's *Moby Dick*. It was commissioned by and is dedicated to the California Band Directors Association, Inc., and was premiered in February 1990 by the California All-State Band, conducted by the composer. The work is sub-dedicated to Robert Lanon White, Commander USN (Ret.), who went to sea as a simple sailor.

The composer provided these notes for each movement:

I. Ishmael - "I go to sea as a simple sailor."

II. Queequeg - "It was quite plain that he must be some abominable savage, but Queequeg was a creature in the transitory state -- neither caterpillar nor butterfly."

III. Father Mapple - "This ended, in prolonged solemn tones, like the continual tolling of a bell in a ship that is foundering at sea in a fog --

in such tones he commenced reading the following hymn; but changing his manner towards the concluding stanzas, burst forth with a pealing exultation and joy."

The ribs and terrors in the whale arched over me a dismal gloom  
While all God's sunlit waves rolled by, and lift me lower down to doom.  
In black distress I called my God when I could scarce believe Him mine,  
He bowed His ear to my complaint, no more the whale did me confine.  
My songs forever shall record that terrible, that joyful hour,  
I give the glory to my God, His all the mercy and the power.

IV. Ahab - "So powerfully did the whole grim aspect of Ahab affect me that for the first few moments I hardly noted the barbaric white leg upon which he partly stood."

V. The White Whale - "Moby Dick seemed combinedly possessed by all the angels that fell from heaven. The birds! - the birds! They mark the spot ... The whale, the whale! Up helm, up helm! Oh, all ye sweet powers of air, now hug me close ... He turns to meet us ... My God, stand by me now!"

- Program Note from score

### ***This Cruel Moon* (2014 / 2017)**

- **John Mackey (b. 1973)**

This movement is the song of the beautiful and immortal nymph Kalypso, who finds Odysseus near death, washed up on the shore of the island where she lives all alone. She nurses him back to health, and sings as she moves back and forth with a golden shuttle at her loom. Odysseus shares her bed; seven years pass. The tapestry she began when she nursed him becomes a record of their love.

But one day Odysseus remembers his home. He tells Kalypso he wants to leave her, to return to his wife and son. He scoffs at all she has given him. Kalypso is heartbroken.

And yet, that night, Kalypso again paces at her loom. She unravels her tapestry and weaves it into a sail for Odysseus. In the morning, she shows Odysseus a raft, equipped with the sail she has made and stocked with bread and wine, and calls up a gentle and steady wind to carry him home. Shattered, she watches him go; he does not look back.

## *The Pines of Rome* (1924 / 1995)

- Ottorino Respighi (1879-1936)
- arr. Antonio d'Elia

His symphonic poem *The Pines of Rome* was the second in a triptych of works paying tribute to The Eternal City. The piece's first movement shows children playing outside the Villa Borghese, the opulent home of one of Rome's most prominent 17th-century families. Pines Near a Catacomb depicts a solitary church in the middle of a Roman field dotted with pine trees, the section's ominous melody building to a sweeping climax. In the third movement, Respighi paints a musical portrait of the Pines of the Janiculum at night. The Janiculum was one of Rome's seven hills, so named because it was the site of temple of Janus, the Roman god of portals and the new year. In this section, Respighi specified the use of a gramophone recording of birdsong to capture the atmosphere perfectly. The work closes with a portrait of the pine tree-lined Appian Way, the military road of the Roman Republic. The Roman legions emerge from the mists, and the orchestra mirrors their approach, growing louder as the soldiers get closer to the Capitoline Hill. As the movement closes, the victorious warriors, led by the Republican Consul, arrive at the Capitol with the rising sun behind them, their glory reflected in the work's jubilant closing pages.

*The Pines of Rome* was, and continues to be, a great success and popular favorite, so much so that Respighi used the money he made from it to buy a villa, which he appropriately named "The Pines."

Thank you to our extra brass musicians from Iowa State University:

### Trumpet

Jacob Aldrich  
Trevor Averhoff  
Ben Kovarna  
Clay Willadsen

### French Horn

Bethany Kallio  
Kyle Laake  
Nathan Morton  
Logan TeKolste

### Trombone

Alex Schwarte  
Andrew Flory  
Kyle Grossnickle

### Euphonium

Daniel Brumm

### Tuba

Ben Mullin

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## **Memorials**

In Memory of Alice Westergaard  
William and Cynthia Bauer  
Kirk and Jo Renee Hartung

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Like what you hear today? We need your help to ensure we can continue providing quality musical experiences for audiences throughout Central Iowa. Donations are welcome for this concert in the boxes by the doors or year round at [www.ciwe.org](http://www.ciwe.org). Central Iowa Wind Ensemble is a non-profit 501(c)(3) charitable organization.

**DONATE HERE**

## CONNECT WITH CIWE

Visit our web site to learn more about the ensemble and subscribe to receive e-mail reminders about our upcoming performances!



[www.ciwe.org](http://www.ciwe.org)



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## UPCOMING CIWE CONCERTS

### **All That Jazz**



Sunday, May 7, 2023 - 3 PM

Franklin Jr High Event Center - Des Moines, IA

### **THANK YOU!**

**Franklin Events Center** for use of facilities for rehearsals and today's concert.

Central Iowa Wind Ensemble executive board:

**James Deeds** - President

**Tina Yin Sowatzke** - Vice President

**Fred Lange** - Treasurer

**Justin Wells** - Secretary

**Rich Thimmesch** - Executive Director

**Christian Carichner** - Conductor

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Please tell us what you think of today's concert. We would love your input!

[ciwe.org/survey](https://ciwe.org/survey)

